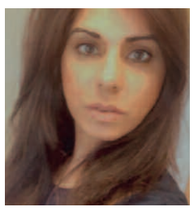


Natural skin rejuvenation

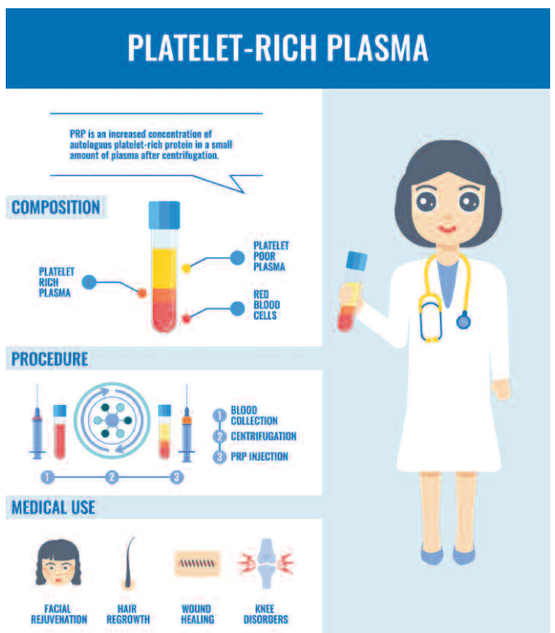
Are you suffering from dull skin, facial lines or acne ? Dr Farzana Khan, MD, DFFP, MRCGP can lead you down the path to skin rejuvenation.

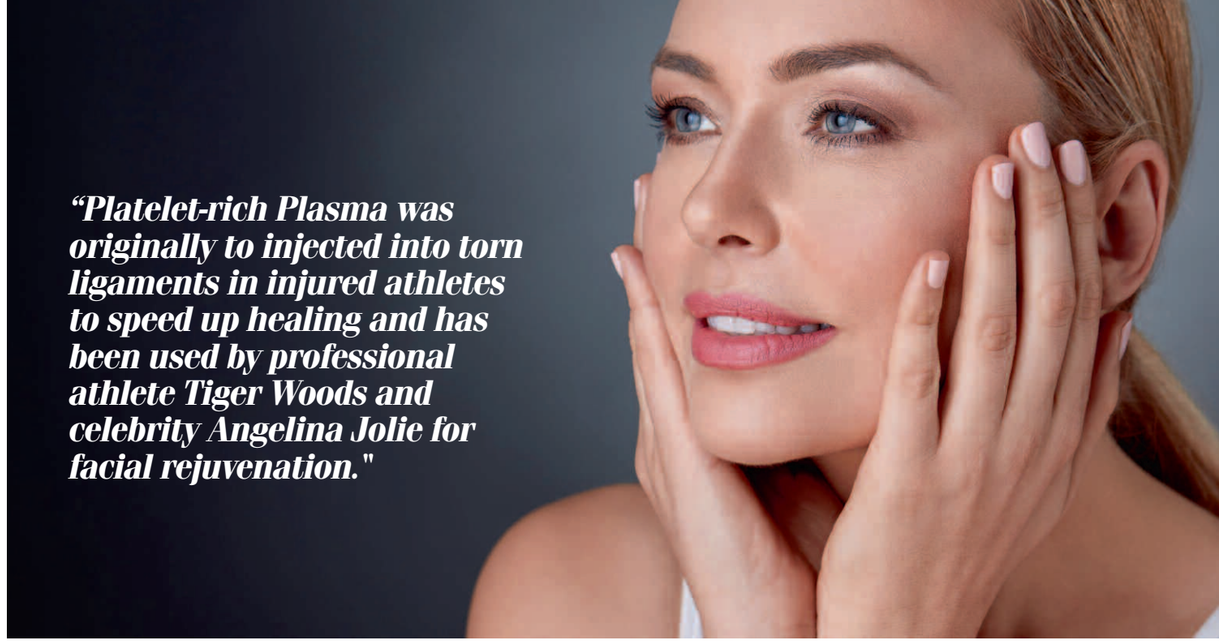


Facial ageing is continuous through life and as the skin ages its looses its elastin, collagen and hyaluronic acid. Treatment to rejuvenate the skin include collagen stimulating treatment such as Platelet-rich Plasma (PRP) or replacement of hyaluronic acid with dermal fillers. Dr Farzana Khan, MD, RCGP, is the lead clinician for Skinovate a medical aesthetic company located in Horsforth Smile Clinic in North Leeds where a number of skin treatments are offered.

PRP is the natural way to rejuvenate your skin and help slow down the signs of ageing. But did you know it is also used to treat hair loss, acne scarring?

PRP is used in the medical industry to treat burns and musculoskeletal injuries. "Platelet-rich Plasma was originally injected into torn ligaments in injured athletes to speed up healing and has been used by professional athlete Tiger Woods and celebrity Angelina Jolie for facial rejuvenation."





PRP is an anti-ageing treatment where your own cells are used to stimulate skin regeneration. PRP a is applied onto your skin in conjunction with micro-needling, which stimulates new collagen formation. The result is tighter and more youthfull looking skin. Not only is PRP a safe, non-invasive treatment that can be used to treat facial lines, sagging under the eyes and acne scars, but also an ideal non-surgical treatment for hair thinning in men and women. PRP helps strengthen hair follicles and increase quality of existing hair.

To develop a PRP preparation a small blood sample is taken from the arm of the patients and put through a centrifuge which separates the plasma from the blood. The plasma contains platelets which are rich in growth factors that stimulate cells to repair and regenerate the skin. The treatment takes one hour with no downtime and no risk of allergies.

Dr Farzana Khan recommends a course of three treatments four weeks apart. The cost per treatment is £350. PRP takes time to work, collagen is slow at forming, results are seen around 12 weeks but the final result may take longer.

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Dr Farzana Khan, MD, MRCGP also offers advanced facial dermal filler treatments. Natural hyaluronic acid is broken down by the body in one or two days so is constantly replaced. As we age this replacement mechanism diminishes so the moisturising and plumping effects of hyaluronic acid decreases. Visible effects of skin ageing are wrinkles, lines, folds and sagging skin.

Dermal fillers are used for plumping part of the face that have lost volume due to the ageing process. Dermal fillers are clear hyaluronic acid gels which mimic the natural hyaluronic acid in our skin. They are injected just beneath the surface of the skin for filling and smoothing lines.

Common area to treat with facial fillers

- Minor to moderate lines and fill-in wrinkles and is especially effective around the eyes, nose, and mouth
- Depressions or pockmarks in the skin due to injury or
- Deep 'smile lines' which run from the side of the nose to the corners of the mouth
- 'Smokers lines' which are vertical lines on the top lip
- 'Marionette lines' at the corner of the mouth
- 'Worry lines' which run across the forehead
- The definition of the lip border or more volume to the lip
- Enhance the jawline and restore volume to the cheek
- Facial contouring and chin augmentation.

It is important that you address all your questions directly to your aesthetic doctor. Complications can occur from dermal filler injections, so it is crucial to be in the care of a qualified practitioner who understands the risks and is trained to deal with any complications that may occur.

Skinovate only use FDA approved fillers and would encourage patients to ask their practitioner which filler they are using as there is a huge market of not medically approved fillers. Dermal filler results are seen immediately and common risk/side effects include bruising/swelling of the injection site.

Dermal filler last between 4-18 months depending on the type of filler used and cost starts from £150. To maintain your correction, you will need to consider repeating the injection process at intervals.

At the clinic, treatments are delivered me personally in a CQC-registered practice with COVID measures in place. At present initial consultations are done virtually before you are booked in for a treatment.

SKINOVATE
BY DOCTOR FARZANA

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