

Vaginal dryness and menopause

Dr Farzana Khan, MD and aesthetic doctor with special interest in women's intimate health, discusses the innovative DESIRIAL® injectable hydrogel treatment and is giving away 5 FREE treatments in celebration of World Menopause Day this month.

Today, women have perhaps one-third of their lives to look forward to following the menopause.

In the years around the menopause you may experience changes in your sex life. Some women say they enjoy sex more once they don't have to worry about getting pregnant. Other women find that they think about sex less often or don't enjoy it as much.

There are several possible causes of any changes in your feelings towards sex at this time of life, including, drier and thinner vaginal tissue due to decreased hormones, which can make sex uncomfortable and even painful. These things may make you feel less like you want to have sex.



Dr Farzana Khan

Vaginal dryness is a common problem for women after the menopause and can have an impact on sexual confidence and enjoyment. Many women suffer in silence when they shouldn't, as something can be done about it. Using water-based lubricants before sex or vaginal moisturisers can help dryness. If you're getting vaginal dryness because of changes in your hormone levels, you may be prescribed hormone replacement therapy (HRT) but non-hormonal treatments are also available.

Dr Farzana Khan is a specialist doctor in women's intimate health and offers the latest innovative non-hormonal hyaluronic hydrogel DESIRIAL® for vaginal dryness across Yorkshire and the North of England.

DESIRIAL® is an injectable hyaluronic acid gel specifically designed to provide hydration and comfort in the vulvo-vaginal area. It is an affordable and safe treatment for women are suffering from vaginal irritation and dryness and are looking to improve their symptoms and increase their sexual pleasure. Using local anaesthetic, hyaluronic acid is directly injected into the vaginal tissue to provide hydration. Effects of the treatment can last up to 12 months.

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DESIRIAL®
- improve vaginal dryness/irritation
- rehydrate/strengthen vaginal tissue
- improve labial symmetry
- improve vulval appearance
- increase sexual pleasure

Causes of vaginal dryness:
- menopause
- breastfeeding
- medication
- after hysterectomy
- chemotherapy
- are not aroused during sex
- perfumes soaps/douches around the vagina
- medical condition

DR FARZANA KHAN IS GIVING AWAY 5 FREE DESIRIAL® TREATMENTS. PLEASE CONTACT 07977 461279 FOR MORE INFO. ***(Terms and conditions apply)***